







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">December 2018</p> <p style="text-align: center;">For it is in giving that we receive.</p> <p style="text-align: center;">Francis of Assisi</p> <p style="text-align: center;">The Trusty Theatre movies are now on the calendar. Movies are at 2:00 p.m. and 7:30 p.m. Movie Club Meeting Tuesday, December 4 at 2:00 p.m. in the Cocktail Lounge.</p>		<p style="text-align: center;">BIRTHDAYS Remember to stop by UFCU to pick up your \$2 birthday bill.</p> 	<p style="text-align: center;">“Let’s CAN Hunger” CANNED/PACKAGED FOOD DRIVE FOR THE CENTRAL TEXAS FOOD BANK</p> <p style="text-align: center;">Sponsored by: Longhorn Village Chapter of the Texas Exes Saturday, December 3 through Friday, December 14</p> <p style="text-align: center;">Longhorn Village residents are asked to participate in the collection of canned and packaged food for donation to the Capital Area Food Bank.</p> <p style="text-align: center;">Please place your donations in the grocery carts located by the Java Ranch Garage Entrances.</p>	<p style="text-align: center;">WALKING CLUB</p>  <p style="text-align: center;">Join residents for a 2 mile morning walk on Monday, Wednesday and Friday at 8:30 a.m. Meet in the Lobby.</p> <p style="text-align: center;">Experts have said that walking could be the best exercise for seniors; it's an effec- tive way to reduce the risk for chronic conditions and improve your overall health.</p>	<p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Catholic Mass, CH 1:00—Mexican Train, ACR 1:00—Billiards Club, BR Movie— Citizen Kane (1941) Texas Exes LHV Chapter Tailgate Party, 10:30 a.m., CL Learning Refresher Bridge Bruce Greig, 1:00 p.m., CR Forty Acres Concert Series Butler School of Music 2:00 p.m., FAR Tongue and Cheek A’cappella Barbershop Quartet 7:30 p.m., FAR</p>	
<p style="text-align: center;">2</p> <p style="text-align: center;">Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Little Fockers (2010) PG13</p> <p style="text-align: center;">Covenant Presbyterian Church Non-Denominational Communion 11:00 a.m., CH</p> <p style="text-align: center;">Littlefield Library Holiday Party Enjoy the Library and Libations. Lovely Holiday Music with Pianist Marian Heilbrun and Christmas Carols by the St. Luke’s on the Lake Episcopal Church Youth Group. 3:00 p.m. - 5:00 p.m., LR</p>	<p style="text-align: center;">3</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Yoga Advanced, FAR 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 11:00—Yoga Basics, FAR 10:00—Culinary Committee, CL 12:30—Duplicate Bridge, CR 12:45—Balance and Sculpt, FAR 1:25—Foam Roller Class, FAR 1:30—Program Committee, CL Movie—The Third Man (1949) Beading Class, 3:00 p.m., ACR “Let’s CAN Hunger” Canned/Packaged Food Drive For The Central Texas Food Bank Please place your donations in the grocery carts located by the Java Ranch Garage Entrances.</p>	<p style="text-align: center;">4</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 10:30—Workout in Water, Session 1 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR 2:00—Art Club, ACR 2:00—Mahjong, CR 2:00—Movie Club, CL 3:00—Lantana Family Council, LL PDR 4:30—Team Trivia, CL Movie—The Magnificent Anderson (1942) Keep Moving Big, 2:00 p.m., FAR Longhorn Village Chapter of the Texas Exes Presents: Detect, Treat and Defeat Breast Cancer Dr. Marissa Nichole Rylander Red and White wine will be served. 3:00 p.m., FAR</p>	<p style="text-align: center;">5</p> <p style="text-align: center;">OUT AND ABOUT WEDNESDAY 5</p> <p>10:00—Lap Swimming, AC 10:00—Yoga Advanced, CR 10:30—Balance and Sculpt, FAR 12:30—Duplicate Bridge, CR 3:15—Love to Sing Singers, CM Movie—Touch of Evil (1958) Stay Strong Class, 2:00 p.m., FAR</p> <p style="text-align: center;">Eagles and Polar Bears In Memory of John Ingram Photos seen through John Ingram’s eyes. Resident Adrienne Ingram 4:00 p.m., FAR</p> <p style="text-align: center;">Wii Bowling Competition 7:15 pm, Fitness Center</p>	<p style="text-align: center;">6</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 9:15—Pilates, FAR 10:00—Library Exec. Comm. Mtg., PDR 10:00—Longhorn Village Band, CL 10:30—Workout in Water, Session 1 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR</p> <p style="text-align: center;">Magic Wallet Christmas Card Making Register Resident Anita Davis, 2:30 pm, CL Mindfulness, 3:30 p.m., TT Artist of the Month Art Reception Join us in the Cocktail Lounge to meet Featured Artist Evelyn Gilbert and other Artists. 4:00 p.m., CL</p>	<p style="text-align: center;">7</p> <p>9:00—T’ai Chi, FAR 9:30—Lap Swimming, AC 10:00—Age Defying Fitness, FAR 10:00—Grocery Shopping 10:00—Aqua Zumba, AC 11:15—Senior F.I.T., FAR 1:00—Grocery Shopping 2:00—Rummikub, ACR 3:00—Sign Language 4:30—Chips and Dips Social, CL Movie—Tora! Tora! Tora! (1970) G River Ridge Elementary (5th Grade) Holiday Tree Decorating 10:00 a.m., Rose Garden Holiday Cards, Carols & Bingo Heart to Heart Laura Bush Elementary (5th Grade) 3:15 p.m., FAR</p>	<p style="text-align: center;">8</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 1:00—Mexican Train, ACR 1:00—Billiards Club, BR Movie—Destination Wedding (2018) R</p> <p style="text-align: center;">A Cappella Texas Holiday Harmonies Bethany Lutheran Church Motor Coach leaves at 12:15 p.m.</p> <p style="text-align: center;">Learning Refresher Bridge Bruce Greig 1:00 p.m., CR</p>
<p style="text-align: center;">9</p> <p style="text-align: center;">Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Me Before You (2016) PG13</p> <p style="text-align: center;">Holiday Decorate Your Apartment Door/Ledge and Villa Yard/Gate Contest Winners announced at Mark Your Calendar.</p> <p style="text-align: center;">Gingerbread Man Cookie Decorating Bring your Grandchildren to decorate a Gingerbread Man. 11:00 a.m., CL Register in the Communications Center.</p> <p style="text-align: center;">Four Points Daisies (Kindergarten) Holiday Carolers 4:00 p.m., LR</p>	<p style="text-align: center;">10</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Yoga Advanced, FAR 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 11:00—Yoga Basics, FAR 11:00—Catholic Com., Rosary, CH 12:30—Duplicate Bridge, CR 12:45—Balance and Sculpt, FAR 1:25—Foam Roller Class, FAR Movie—A Fish Called Wanda (1988) R Hilderband Jewelers/ Jewelry Pick Up 2:00 p.m. - 4:00 p.m., JR Line Dancing, 2:00 p.m., FAR Beading Class, 3:00 p.m., ACR Ageless Smiles Dr. Megan Scarborough Steiner Dental 4:00 p.m., FAR</p>	<p style="text-align: center;">11</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 10:00—Sewing/NW Club, ACR 10:30—Workout in Water, Session 1 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR 2:00—Art Club, ACR 2:00—Mahjong, CR 3:00—Green Committee, ACR 4:30—Team Trivia, CL Movie—Swept from the Sea (1998) PG13 Keep Moving Big, 2:00 p.m., FAR Texas Exes Meeting, 2 p.m., CL Chew on This, Dick Schouweiler 3:00 p.m., FAR Mark Your Calendar ReVRse Virtual Reality Demo 4:00 p.m., FAR December Birthday PIZZA Party Register in the Communications Center. 5:00 p.m., CL</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">OUT AND ABOUT WEDNESDAY 12</p> <p>10:00—Lap Swimming, AC 10:00—Yoga Advanced, CR 10:30—Balance and Sculpt, FAR 12:30—Duplicate Bridge, CR Movie—Woman Walks Ahead (2013) R Flower Arranging Lead Concierge Stephanie Ferguson Come explore your creativity and play with flowers. 4:00 p.m., ACR Journey Support Group Ryan Schmidt, 1:30 p.m., CH Stay Strong Class, 2:00 p.m., FAR Holiday Dinner Party & Piano Concert 5:15 p.m. Prix Fixe Menu, TOR 7:00 p.m. Martin Kesuma & Anton Nel, FAR Wear Your Best Holiday Attire! Piano Concert is open to all residents.</p>	<p style="text-align: center;">13</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 9:15—Pilates, FAR 10:00—Book Club, ACR 10:00—Longhorn Village Band, CL 10:30—Workout in Water, Session 1 10:30—St. Luke’s Communion, CH 11:00—Health & Wellness Cmt, ACR 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR Keep Moving Big, 2:00 p.m., FAR Hill Country Café 11:30 am - 2:00 pm Java Ranch — 8:00 am - 2:00 pm Restaurants will be closed for Associate Appreciation Fund Celebration. No Independent Living dinner Service. Associate Appreciation Gift Celebration 1:30 p.m. - 3:30 p.m., FAR Sip & Sing-along, 7:00 p.m., CL</p>	<p style="text-align: center;">14</p> <p>9:00—T’ai Chi, FAR 9:30—Lap Swimming, AC 10:00—Age Defying Fitness, FAR 10:00—Grocery Shopping 10:00—Aqua Zumba, AC 11:15—Senior F.I.T., FAR 1:00—Grocery Shopping 2:00—Rummikub, ACR 3:00—Sign Language 4:30—Chips and Dips Social, CL Movie—Allied (2016) R Primrose School of Four Points (Kindergarten) Holiday Carolers 10:00 a.m., Java Ranch Russia by River (Part 2) Sharon Bishop & Janet Lachman 4:00 p.m., FAR Christmas Light Trip Motor Coach leaves at 5:30 p.m.</p>	<p style="text-align: center;">15</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:00—Catholic Mass, CH 11:00—Zumba, FAR 1:00—Mexican Train, ACR 1:00—Billiards Club, BR Movie—Wonder Wheel (2017) PG13</p> <p style="text-align: center;">Learning Refresher Bridge Bruce Greig 1:00 p.m., CR</p> <p style="text-align: center;">Ellen Byrum’s 100th Birthday Party 3:00 p.m., FAR</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Baby Mama (2008) PG13 Winter Wonderland Winter bingo & CRMS choir and/or euphonium performance. Canyon Ridge Middle School 3:00 p.m., FAR Worship Service, 4:00 p.m., CR St. Luke's Episcopal Church Holiday Apartment Crawl A207, A222, A323, A369, A403, A407 & A461 The apartments listed will be open to view Holiday decorations and residents will enjoy Holiday nibbles. 4:00 p.m. - 6:30 p.m.</p>	<p>17</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Yoga Advanced, FAR 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 11:00—Yoga Basics, FAR 12:30—Duplicate Bridge, CR 12:45—Balance and Sculpt, FAR 1:25—Foam Roller Class, FAR Movie—The Book Thief (2013) PG13 A Christmas Star Ornament Class Stephanie Ferguson 2:00 p.m., ACR Beading Class, 3:00 p.m., ACR Caregiver Group Support Group 3:00 p.m., 3rd Floor PDR</p>	<p>18</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 10:30—Workout in Water, Session 1 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR 11:30—CM Family Council, CM 2 AC 2:00—Art Club, ACR 2:00—Mahjong, CR 3:00—PP Family Council, LL PDR 4:30—Team Trivia, CL Movie—White Christmas (1954) Resident's Foundation Meeting 9:00 a.m., TT Crepes with Dick Schouweiler Interactive Cooking Demo/Class 10:00a.m., ACR Register with Terri Hallenbeck Keep Moving Big 2:00 p.m., FAR</p>	<p>OUT AND ABOUT WEDNESDAY 19</p> <p>10:00—Lap Swimming, AC 10:00—Yoga Advanced, CR 10:30—Balance and Sculpt, FAR 12:30—Duplicate Bridge, CR 3:15—Love to Sing Singers, CM Movie—It's a Wonderful Life (1946) Wacky, Tacky Sweater Party Eggnog will be served. 12:00 p.m., LR School in the Hills Caroling 12:30 p.m. & 1:00 p.m., JR Stay Strong Class, 2:00 p.m., FAR Program Committee Presents A Celebration of Midwinter Christmas 4:00 p.m., FAR</p>	<p>20</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 9:00—Residents Advisory Council, FAR 9:15—Pilates, CR 10:00—Longhorn Village Band, CL 11:00—Lutheran Divine Service, CH 11:15—Chair Cardio, FAR Chef's Table 12:00 p.m., TOR Ukulele Class, 1:00 p.m., TT Keep Moving Big, 1:15 p.m., FAR Operational Update 2:00 p.m., FAR Guided Meditation, 3:30 p.m., TT Audiologist Register in the Wellness Clinic.</p>	<p>21</p> <p>9:00—T'ai Chi, FAR 9:30—Lap Swimming, AC 10:00—Age Defying Fitness, FAR 10:00—Grocery Shopping 10:00—Aqua Zumba, AC 11:15—Senior F.I.T., FAR 1:00—Grocery Shopping 2:00—Rummikub, ACR 4:30—Chips and Dips Social Movie—Big (1988) PG The Christmas Star Armchair Astronomy/Ken VanLew 4:00 p.m., FAR Gallop Gourmet Plate by DZINTRA Motor Coach leaves at 5:00 p.m.</p>	<p>22</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:00—Catholic Mass, CH 11:00—Zumba, FAR 1:00—Mexican Train, ACR 1:00—Billiards Club, BR Movie—Polar Express (2004) G Learning Refresher Bridge Bruce Greig 1:00 p.m., CR</p>
<p>23</p> <p>Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—The Christmas Story (1983) PG</p>	<p>24</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Yoga Advanced, FAR 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 11:00—Yoga Basics, FAR 12:30—Duplicate Bridge, CR Christmas Eve Dining Hours Hill Country Cafe 11:30 a.m. - 2:00 p.m. Java Ranch 8:00 am - 2:00 p.m. Treaty Oak Room will be closed. Beading Class, 3:00 p.m., ACR</p>	<p>25</p> <p>9:00—Lap Swimming, AC 2:00—Art Club, ACR 2:00—Mahjong, CR 4:30—Team Trivia CL  Christmas Day Buffet 11:00 a.m. - 1:30 p.m., FAR, HCC Java Ranch and Treaty Oak Room will be closed all day.</p>	<p>OUT AND ABOUT WEDNESDAY 26</p> <p>10:00—Lap Swimming, AC 10:00—Yoga Advanced, CR 12:30—Duplicate Bridge, CR Movie—Beirut (2018) R Austin Public Library Self-Guided Tour Motor Coach leaves at 10:00 a.m. The Boxing Day Tsunami of 2004 Resident Janet Lachman 3:00 p.m., FAR</p>	<p>27</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 9:15—Pilates, FAR 10:00—Book Club, ACR 10:00—Longhorn Village Band, CL 10:30—Workout in Water, Session 1 10:30—Music and Message, CR 11:15—Workout in Water, Session 2 11:15—Chair Cardio, FAR Ukulele Class, 1:00 p.m., TT Bingo & Cocktails, 3:30 p.m., CL Sip & Sing-along, 7:00 p.m., CL</p>	<p>28</p> <p>9:00—T'ai Chi, FAR 9:30—Lap Swimming, AC 10:00—Age Defying Fitness, FAR 10:00—Grocery Shopping 10:00—Aqua Zumba, AC 11:15—Senior F.I.T., FAR 1:00—Mall Shopping (Barton Creek) 2:00—Rummikub, ACR 4:30—Chips and Dips Social Movie—All at Once (2016) Wii Bowling 7:30 a.m. FC Welcome Reception for New Residents, 4:00 p.m., FAR Sue Berry, Earl and Janet Betts, Bob and Lee Baker</p>	<p>29</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:00—Zumba, FAR 1:00—Mexican Train, ACR 1:00—Billiards Club, BR Movie—The Best Exotic Marigold Hotel (2012) PG13 Learning Refresher Bridge Bruce Greig 1:00 p.m., CR Austin Symphony Orchestra Ella and Louis Palmer Events Center Guests are invited to bring favorite food dish and enjoy this concert in a cabaret-style setting. Motor Coach leaves at 6:00 p.m.</p>
<p>30</p> <p>Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—The Second Best Marigold (2015) PG</p>	<p>31</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Yoga Advanced, FAR 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 11:00—Yoga Basics, FAR 12:30—Duplicate Bridge, CR Movie—The Best Year of Our Lives (1946) Beading Class, 3:00 p.m., ACR Viva Las Vegas Golden Nugget 4:45 p.m. -- Wine, FAR Little White Wedding Chapel 5:00 p.m. - 5:30 p.m. -- Elvis, FAR Caesars Palace 5:30 p.m. - 6:30 p.m. -- Dinner, FAR MGM 5:30 p.m. -- 7:30 p.m. -- Caricature Artist, 2nd Floor Lobby Flamingo 6:15 p.m. -- 8:15 p.m. -- Casino Register in the Communications Center.</p>	<p>ATTN: PIANISTS Bob Freeman, former Director of the Eastman School and Dean of Fine Arts at UT Austin is seeking Longhorn Vil- lage pianists. He is planning what he calls a Brahms (or possibly Dvorak) round robin, for piano four- hands, in which Anton Nel, some of Anton's students at UT, Bob and Longhorn Village pian- ists will perform a series of 3-4 minute pieces for piano four-hands in the Forty Acres Room, sometime after the first of the year. See Terri Hallenbeck if you are interested in being part of the team. Auditions are not necessary.</p>	<p>ACR Activity Center AC Aquatic Center BR Billiard Room CM Casa Mesquite CH Chapel CL Cocktail Lounge CR Club Room FAR Forty Acres Room FC Fitness Center GR Garden Room HCC Hill Country Café JR Java Ranch L Lobby LL Littlefield Library LR Living Room LAL Lantana Lodge PDR Private Dining Room TOR Treaty Oak Room TT Trusty Theatre WC Wellness Center</p>	<p>Lloyd Miller Chauffer Cell: 512-635-1383 Sasa Stijovic Chauffer Cell: 512-294-4456 Susan Isenberg Chauffer Cell: 512-294-4456 Wellness Clinic 512-382-4675 512-597-2964 (Fax) Lynn Nalodka Wellness Director 512-266-5600, Ext. 2074 Briana Grindy RehabCare 512-358-6880</p>	<p>MOOGLE http://resident.longhornvillage.com Longhorn Village http://longhornvillage.com Texas Exes www.texasexes.org/longhornvillage Dining Statement http://dining.longhornvillage.com Daily View Channel 1890</p>	<p><i>The Canyon View Calendar</i> A Publication of    Optometrist Erin Jacob Podiatrist Michael Cosimeno</p>
				<p>Nurse In Hours Monday-Friday/8:00 a.m.-9:00 a.m. Monday-Thursday/2:00 p.m.-3:00 p.m.</p>	<p>Wellness Clinic — 512-382-4675 Audiologist Dr. Natasha Dewald</p>	